

# GRAN CAMPING ZARAUTZ

# EXPERIENCES

BEGI BISTAN, DESCENT OF THE ORIA RIVER BY KAYAK OR SUP

## BEGI BISTAN

Descent through the area of the mouth of the Oria River. Activity depending on the tide and of low difficulty, you only need to know how to swim. It is not suitable for pregnant women and injured people. Minors from 6 years old.

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## 3,5H

3,5h (2.5 h in the water) to descend the Oria River by Kayak or Sup.

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- Includes: Boat, paddle, vest, waterproof bottle, neoprene and windstopper cloth (depending on temperature). Explanation of activity and technical notions. Liability insurance. Changing room, shower, locker.
- Departure from Orio.
- Availability: every day from March to November, depending on the tides.
- With reservation.

